

Rose of Sharon Table Runner

by Sharon Pederson



ROSE OF SHARON TABLE RUNNER, 42" x 16", blocks designed by Rene Barth, Kewanee, IL, USA and Carolyn Laukkonen, Richmond, BC, Canada, made by Sharon Pederson.

I created this three-block appliquéd table runner especially for *American Quilter* readers using three of the lovely block designs submitted in the Rose of Sharon Block Challenge, sponsored by The Electric Quilt Company. More information about the challenge can be found in my article published in the July 2010 issue of *American Quilter* magazine.

For more detailed information on making quilts, including cutting bias strips, see the AQS Quiltmaking Essentials & Tested Tips at www.AmericanQuilter.com.

Getting started

Enlarge the appliqué placement diagrams 133%. Using a light box and your favorite fabric marking pen or pencil, trace each layout onto an A piece. *Tip: If you don't have a light box, use a sunny window instead.*

Trace templates B through Q on the dull side of freezer paper. For sturdy templates, press the freezer

paper to another piece of freezer paper, shiny sides together. Cut out on the drawn lines. *Tip: For perfect circles, use a circle template available at the art supply store to draw the size circles you need, instead of tracing the pattern.*

Preparing bias stems

From the green stem fabric, cut 8 bias strips 1" wide. Fold the strips in half lengthwise, wrong-sides together. Using an $\frac{1}{8}$ " seam allowance, stitch along the raw edges. Center the seam at the back of the stem and press. You need a total of 48" of bias for stems.

Preparing the appliqué pieces

Using the freezer-paper templates, draw the flower and leaf shapes onto the paper side of the fusible web, allowing at least $\frac{1}{2}$ " between the pieces. You will need 1 B, 1 C, 1 D, 3 E, 5 F, 7 G, 6 H, 20 I, 6 J, 11 K, 18 L, 33



M, 2 N, 6 O, 7 P, and 5 Q. Cut out each shape with roughly $\frac{1}{8}$ " to $\frac{1}{4}$ " margin all around.

Referring to the table runner photo and the appliqué placement diagrams, choose the fabric for each appliqué piece. Following manufacturer's directions, press the fusible web to the wrong side of the fabric. Cut out on the drawn lines. *Tip: Keep your pieces organized in plastic cups (photo 1).*

Placing the appliqué

Cut bias stem pieces to the appropriate lengths. Glue them in place on the traced lines on patch A. To do this, squeeze a bead of Liquid Stitch glue along the curved line of a stem drawn on the background, and gently press the bias onto the glue (photo 2).



Photo 1



Photo 2

FABRIC & CUTTING REQUIREMENTS

Skill level: Easy

Quilt size: 42" x 16"

Finished block size: 12" x 12"

- Requirements are based on 40" fabric width.
- Strips are cut from selvage to selvage unless otherwise noted.

- An extra 2" has been added to the length of the border strips to allow for adjustments.

Assorted red, orange, gold, yellow, and green scraps – $\frac{2}{3}$ yard

- see "Preparing the appliqué pieces"

Green print – $\frac{1}{3}$ yard

- bias stems, see "Preparing the bias stems"

Light print – $\frac{1}{2}$ yard

- 3 A

Gold print – $\frac{1}{4}$ yard

- piping, 12 strips 1" x 12 $\frac{1}{2}$ "

Dark green print – $\frac{2}{3}$ yard

- border sides, 2 strips 2 $\frac{1}{2}$ " x 18 $\frac{1}{2}$ "*
- border top/bottom, 2 strips 2 $\frac{1}{2}$ " x 40 $\frac{1}{2}$ "
- sashing, 2 strips 1 $\frac{1}{2}$ " x 12 $\frac{1}{2}$ "

Binding – $\frac{3}{8}$ yard

- 4 strips, 2 $\frac{1}{4}$ " x 40" for 126" of continuous binding

Backing – 1 $\frac{3}{8}$ yards

- 1 panel 20" x 46"
- optional sleeve, 1 strip 9" x 42"

Batting

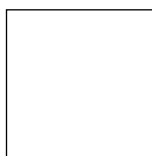
- 20" x 46"

* These border strips may need to be pieced.

SUPPLIES: Paper-backed fusible web – 12" x 36" (I like Steam-a-Seam 2® fusible web), Dritz® Liquid Stitch™ adhesive, Teflon® pressing sheet, fabric marking pen or pencil, freezer paper, invisible thread
OPTIONAL SUPPLIES: Light box

ROTARY CUTTING

Rotary dimensions include seam allowances.



A – 12 $\frac{1}{2}$ " x 12 $\frac{1}{2}$ "

B thru Q are templates

Peel the protective paper off the back of the appliqué shapes. Paying attention to overlaps, position the flower and bud pieces, from largest to smallest (photo 3). Place the circle pieces in the center of the flowers. Add the leaves, working them under the flowers as needed. Make sure the raw ends of the stems are covered (photo 4).



Photo 3



Photo 4

When you are happy with the placement, take the block to the ironing board and, using a Teflon® pressing sheet to protect your iron and following manufacturer's directions, press to fuse. Prepare all appliqué blocks in the same manner.

At this point you can secure the appliqué with machine stitching, but I like to do this after the table runner is layered so I quilt and secure the appliqué at the same time.

Adding faux piping

Fold a gold 1" x 12½" strip in half lengthwise with wrong-sides together. Press. Make 12.

Align the raw edges of the folded piping to the edge of a block. Stitch together using a ⅛" seam allowance. By using ⅛" seam allowance, the stitching line will be hidden when the sashing is added. Do not press. In the same manner, sew a strip to the other side (photo 5), then top and bottom of the block. Repeat for all blocks.



Photo 5



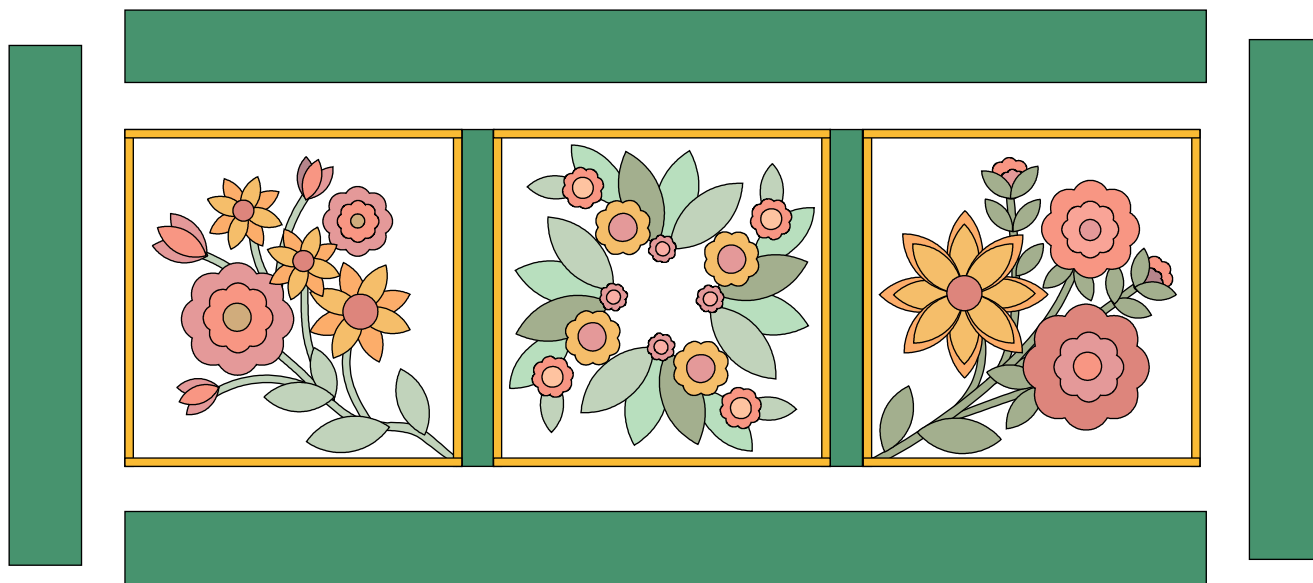


Table runner assembly

Assembling the table runner

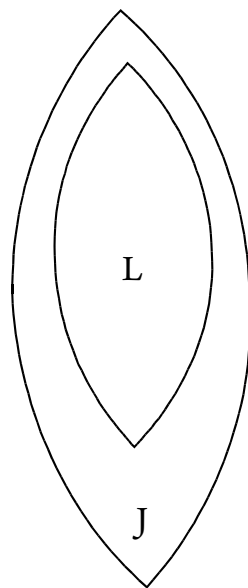
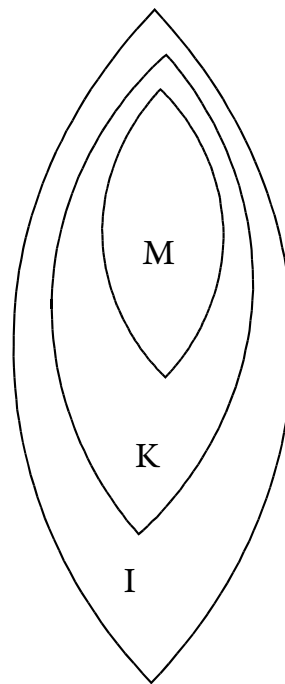
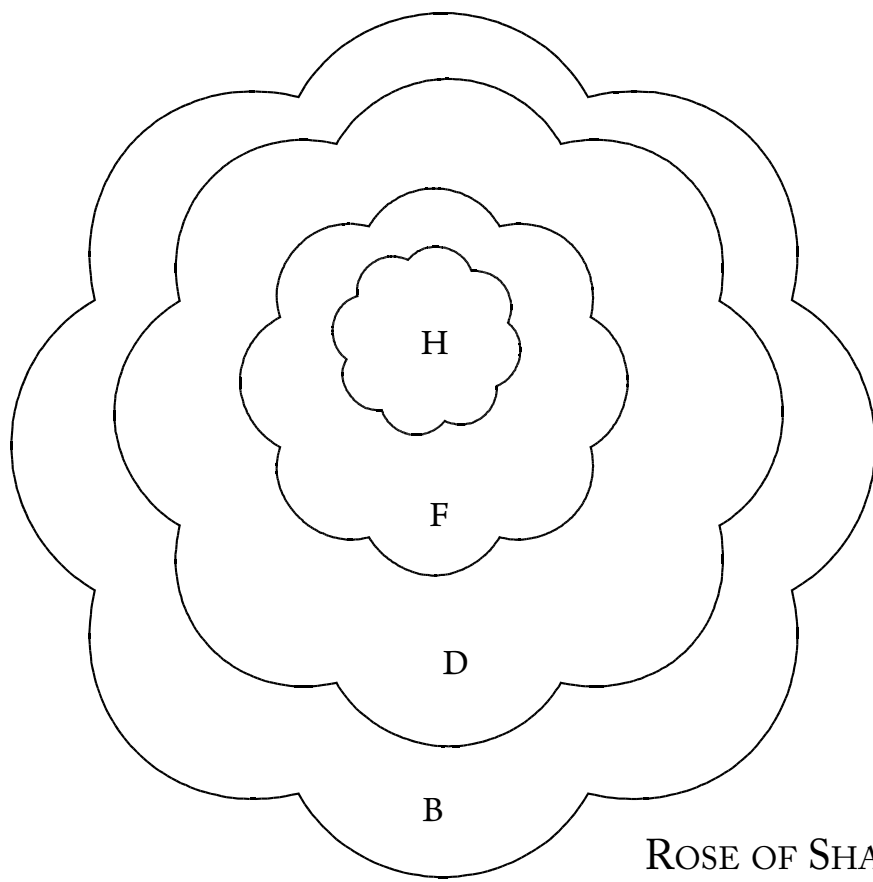
Following the table runner assembly diagram, lay out the blocks and sashing strips. Join into a row. Being careful to not disturb the piping which extends over the block, press the seam allowance toward the sashing.

Press the quilt center well. Measure the table runner lengthwise through the center. Cut 2 border strips to this measurement. Sew them to the table runner. Press all seam allowances toward the border. Measure the width of the table runner through the center, including the borders you just added. Cut 2 strips this length. Sew them to the ends of the table runner.

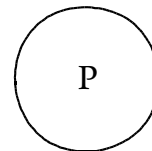
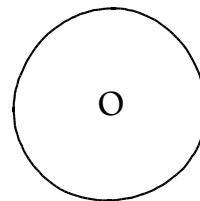
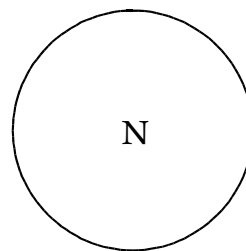
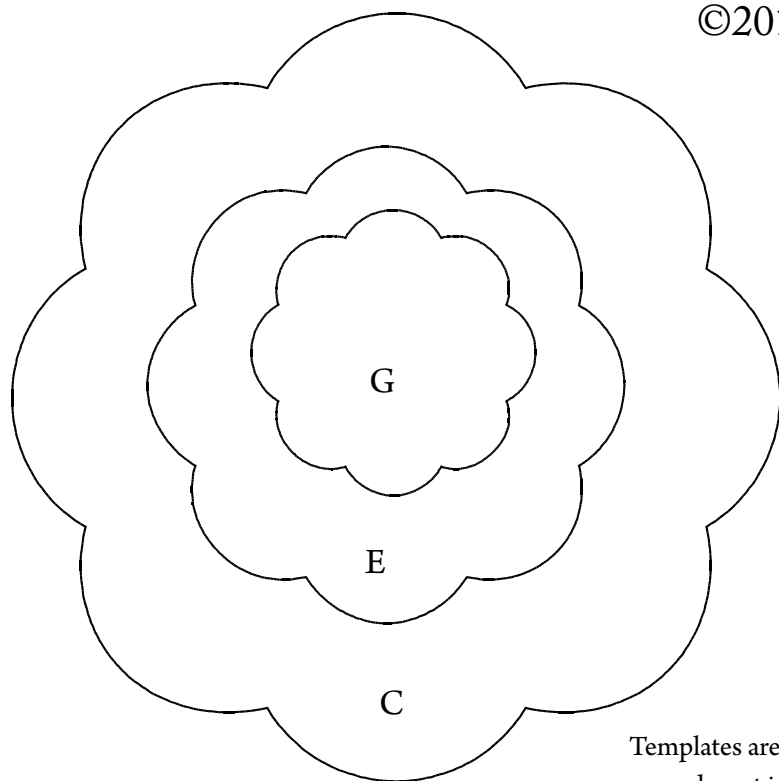
Layer the backing, batting, and quilt top. Baste the layers together. Stitch around the edge on each appliqué piece using invisible thread. Stipple in the background—I used a variegated, trilobal polyester thread.

Sew the binding strips together to make 126" of continuous binding. Finish the edges of your quilt with double-fold binding. Although this was made for a table, by adding a hanging sleeve you can also use it as a wallhanging. *Tip: If you decide to add a hanging sleeve, prepare it and baste it in place before sewing the binding on. That way the top edge of the sleeve is enclosed in the binding, and you will only have to hand stitch the sides and bottom in place.*



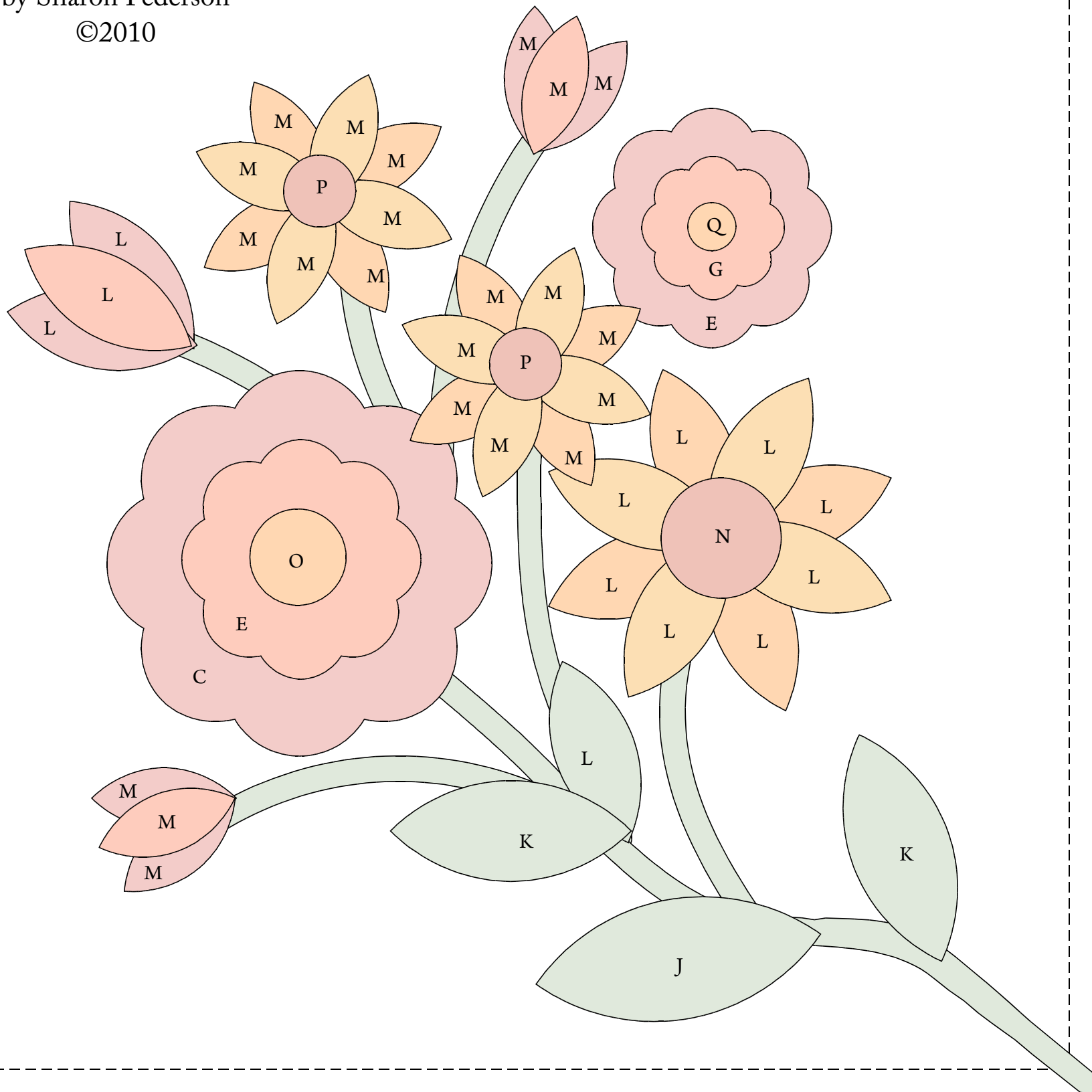


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Templates are for use with fusible web and
do not include seam allowance.

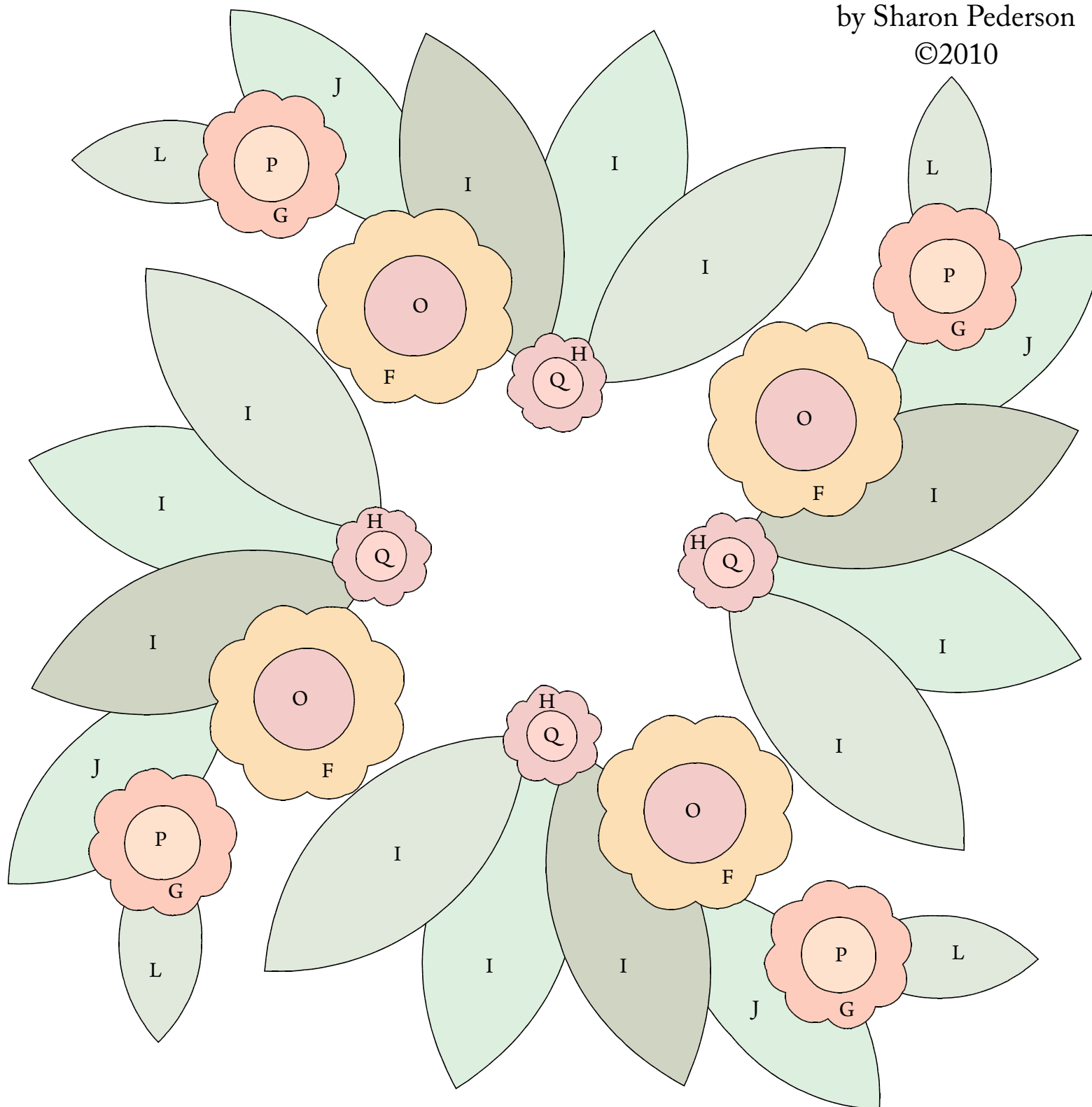
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Appliqué placement block 1

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