

## 2022 AQS Christmas Countdown with Janome



### Block Five: Gingerbread Cookies

Finished Block Size: 8½" x 8½" Unfinished Block Size: 9" x 9"

By Maday Delgado

Baking Christmas cookies create memories we cherish all year long. Gingerbread cookies especially, offer a whimsical magic we treasure well into adulthood. As you celebrate this season, don't forget to make some to freeze. They are also the perfect cookie to decorate and exchange!

I used four prints to build my 9-patch Gingerbread men appliqué block. Blue with Christmas motifs (**fabric 1**), pink with Christmas motifs (**fabric 2**), solid pink (**fabric 3**), and blue with white snowflakes (**fabric 4**) which was used for cutting the gingerbread men. The block finishes at 8½" square. Let's get started!



## Supplies

3 coordinating xmas prints (9"x22"), blue with snowflakes print is only for the gingerbread men.

1 solid pink fat quarter

Coordinating 50wt thread for fabrics and buttons.

organ needle 14

Ruler

Rotary cutter

Cutting mat

Iron/ironing board

Fabric glue stick

Marking pen

Assorted buttons (2 sets optional)

AccuQuilt Cutter and Gingerbread man AccuQuilt die or Gingerbread man cookie cutter or use the provided template.

## Sewing Machine

Janome 9450qcp, Hp ¼" foot with needle plate, regular sewing plate and applique foot F.

## Cutting Instructions

1. Cut (1) strip 2"x22" from **Fabrics 1 and 2**.
2. Cut (2) strips 2"x22" from **Fabric 3** (solid pink).
3. Sew them together using  $\frac{1}{4}$ " seam as shown below.



4. Cut (1) 8"x8" square of **Fabric 4** and set aside for gingerbread men.
5. Sub-cut strips on the narrow side, 2", yielding (18) 2" x 3½" units, as shown below.



6. Please note that rows alternate: Row 1 has fabrics 1 and 3, Row 2 has fabrics 2 and 3.



7. Join units together to create nine units  $3\frac{1}{2}$ " x  $3\frac{1}{2}$ " each. Press seams to the side.



8. Sew units across (strip) and join rows together to form block.



9. Press seams to the side towards darker fabric whenever possible.



10. Cut 2 gingerbread men shapes using AccuQuilt cutter, cookie cutter or provided template. If choosing either of the latter, use a marking pen and trace the shape on the wrong side of the fabric. **Note:** *I did not use double sided fusible interfacing. I used a fabric glue stick to adhere the cutouts to the block. I wanted the block to maintain its softness.*



11. Apply fabric stick glue to the wrong side of gingerbread men; attach to the block.



12. Applique gingerbread men to the block using your favorite stitch and applique foot.



13. Embellish the gingerbread men with assorted buttons and matching thread for the eyes. Have fun customizing with ribbon and more, to make them come to life!



14. Time to trim the block to 9" (unfinished). You can do this before or after adding the decorative buttons. Trim  $\frac{1}{4}$ " from all sides to measure 9" square.



15. Your block is complete!



I would love to see your progress! Tag me on Instagram  
@Sustainabletextiledesign or reach out on my website  
[www.sustainabletextiledesign.com](http://www.sustainabletextiledesign.com)

I hope you have a joyous filled 2022 Holiday Season!

Xoxo,

Maday

