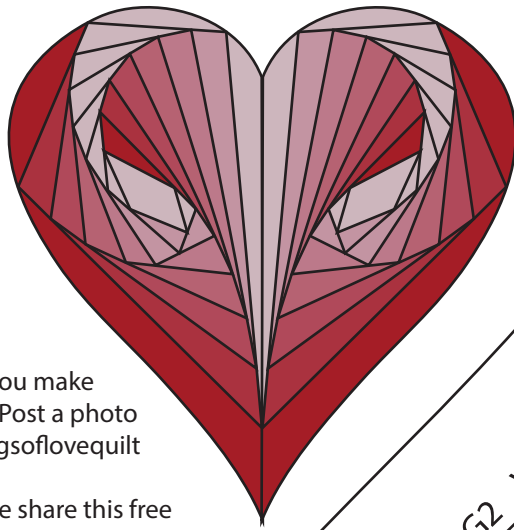


# Happy Valentine's Day from RaNae Merrill

Downloadable PDF of this pattern available at  
[www.RaNaeMerrillQuilts.com/join](http://www.RaNaeMerrillQuilts.com/join)



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## Wings of Love

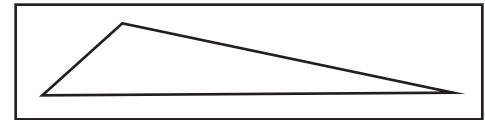
Based on the book  
**Simply Amazing Spiral Quilts**  
by RaNae Merrill

### Materials:

3/8 yard Red-to-Pink Gradation fabric such as Elite EESGEL 11216-P  
12" square backing fabric  
2 EQ Printables Foundation sheets or other *translucent* foundation material

### Directions:

1. Print two copies of foundation on translucent foundation material such as EQ Printables Foundation Sheets.
2. Print one copy on white paper. Cover back with double-sided tape. Cut sections apart to use as cutting templates. Place templates across gradation of fabric: 7 is darkest, 1 is lightest. From each template cut 2 *rectangular* strips of fabric 1/4" larger on each side. (Do not cut triangles.)



3. Piece one foundation on the front and one foundation on the back to make two mirrored halves of the heart. Sew fabric to foundation in alphabetical-numerical order from the center outward. (Center, A1-A3, B1-B2-B3-B4, C1-C2-C3-C4, etc.) Trim excess fabric after each round (all pieces with the same letter).
4. When the spiral is complete, trim around outside edge, leaving 1/4" seam allowance beyond outside line.
5. Join sections along center line.
6. Place heart right sides together over backing fabric. Stitch around outside line, leaving an opening 2" wide. (If you used paper for the foundation tear it out now.) Clip seam allowance at "V" and around curves. Turn right side out.

**For a pillow:** Stuff, then sew closed.  
**For applique:** Press flat, making sure to open up edge seams completely. Stitch opening closed. Stitch around edges to applique in place.

